THE STABLE

TAKEAWAY BREAKFAST TILL 3PM

SOURDOUGH TOAST | 5.9 W/ A CHOICE OF JAM, PEANUT BUTTER, HONEY OR VEGEMITE

DELUXE SOURDOUGH FRUIT NUT AND SEED TOAST | 6.5
W/ BUTTER

EGGS ON TOAST | 9.9 Two eggs on sourdough

BACON & EGG ROLL | 9.5
BACON & TWO FRIED EGGS ON A ROLL
W/ CHOICE OF BBQ, CHILLI MAYO
OR TOMATO SAUCE

BREKKIE BURGER | 12.9
GRILLED BACON, EGG OMELETTE,
SPINACH & HOLLANDAISE SAUCE

ACAI BOWL | 14.9
BLENDED THICK ACAI BERRIES, BANANA,
MIXED BERRIES, COCONUT WATER,
TOPPED W/ BANANA, STRAWBERRY,
SHREDDED COCONUT, FLAKED ALMONDS,
CHIA SEEDS, SHREDDED
APPLE & GRANOLA

YOGHURT MUESLI BOWL | 13.9
GREEK YOGHURT TOPPED WITH
TOASTED MUESLI, FRESH SEASONAL
FRUIT, FLAKED ALMONDS, MAPLE SYRUP,
PASSIONFRUIT PULP,
CHIA SEEDS & SHREDDED COCONUT

SMASHED AVO | 14.9 SMASHED AVOCADO, CRUMBLED FETA, CHERRY TOMATO, DRESSED ROCKET, LEMON & ZAATAR ON SOURDOUGH TOAST CORN & VEGE FRITTERS | 16.9 CORN FRITTERS W/ GRILLED BACON, BRUSCHETTA SALAD, DRESSED ROCKET & TOMATO RELISH

THE VEGAN BREAKFAST | 17.9
AVOCADO, ROASTED SWEET POTATO,
GRILLED TOMATO, MUSHROOM, BAKED
BEANS, LEMON & COOKED SPINACH W/
SOURDOUGH

EGGS BENEDICT
BACON 16.9 | SMOKED SALMON 18.9
TWO POACHED EGGS W/ FRESH BABY
SPINACH & HOLLANDAISE SAUCE ON
SOURDOUGH

AVO BRUSCHETTA | 16.9
BRUSCHETTA SALAD ON SOURDOUGH
TOPPED WITH SLICED AVO AND TWO
POACHED EGGS

HARVEST BOWL | 16.9

POACHED EGGS, MIXED LEAVES, CHERRY TOMATO, SWEET POTATO, AVOCADO, QUINOA, MINT, PICKLED CABBAGE, MIXED NUTS & SEEDS W/ A BALSAMIC VINAIGRETTE

PANKO EGG BOWL | 18.9
TWO PANKO-CRUSTED SOFT POACHED
EGGS, AVOCADO, SWEET POTATO,
CHERRY TOMATO, PICKLED CABBAGE,
FRESH BABY SPINACH, QUINOA,
CUCUMBER & BLACK SESAME SEEDS W/ A
HOUSEMADE ASIAN STYLE DRESSING
+GRILLED CHICKEN | 6

THE HUNGRY HORSE | 22

TWO RASHERS OF GRILLED BACON, TWO EGGS (YOUR WAY), MUSHROOM, BEEF SAUSAGE, HASHBROWN, BAKED BEANS, PICKLED CABBAGE & SOURDOUGH TOAST

EXTRAS

BEETROOT 2 | BAKED BEANS 2 | HALF GRILLED TOMATO 2 | HASH BROWN 2.5 SWEET POTATO 3 | QUINOA 3 | MUSHROOM 3 | BEEF SAUSAGE 3 AVOCADO 4.5 | COOKED SPINACH 4.5 | SMOKED SALMON 7 | HALLOUMI 5 | EGG 2.5 GRILLED BACON RASHER 4 | PANKO EGG 4.5

GLUTEN FREE BREAD ALTERNATIVE UPON REQUEST | \$1

NO SUBSTITIIONS AVAILABLE | CYO BREAKFAST \$3

\$3 PUBLIC HOLIDAY SURCHARGE PER PERSON DINE IN

THE STABLE

TAKEAWAY LUNCH FROM 11AM - 3PM

BLT | 12.9
GRILLED BACON, BABY COS LETTUCE,
TOMATO & CREAMY MAYO ON
TURKISH TOAST
+CHIPS | 3.5

STEAK SANDWICH | 17.9
RUMP STEAK, TOMATO, CARAMELISED
ONION, CHEDDAR CHEESE, ROCKET,
DIJON MUSTARD, & AIOLI ON TURKISH
TOAST
+CHIPS | 3.5

GRILLED CHICKEN BREAST | 17.9 W/GARDEN SALAD & CHIPS

CHICKEN BREAST TENDERS | 17.9 W/ GARDEN SALAD & CHIPS

FISH & CHIPS | 16.9
BEER-BATTERED FISH W/ CHIPS,
GARDEN SALAD & TARTARE SAUCE

WARM CHICKEN SALAD | 16.9
GRILLED CHICKEN BREAST, TOMATO,
CUCUMBER, CAPSICUM, AVOCADO,
SPANISH ONION & MIXED LEAVES
W/ A BALSAMIC VINAIGRETTE

HALLOUMI SALAD | 16.9
SMOKED SALMON SALAD | 18.9
MIXED LEAVES, QUINOA, BABY
BEETROOT, CARROT, AVOCADO,
MIXED NUTS & SEEDS
DRESSED W/ AN OLIVE & LEMON
VINAIGRETTE

CHEESE BURGER | 11.9
ANGUS BEEF, CHEDDAR CHEESE, PICKLES,
TOMATO SAUCE & MUSTARD ON BRIOCHE
+CHIPS | 3.5

BEEF BURGER | 14.9
ANGUS BEEF, GRILLED BACON, LETTUCE,
TOMATO, PICKLES, CHEDDAR CHEESE,
CARMERLISED ONION & AIOLI ON BRIOCHE
+CHIPS | 3.5

CHICKEN BURGER | 15.5

MARINATED GRILLED CHICKEN BREAST,
CHEDDAR CHEESE, SUNDRIED TOMATO,
SPANISH ONION, AVOCADO,
BABY COS LETTUCE
& SRIRACHA MAYO ON BRIOCHE
+CHIPS | 3.5

VEGGIE BURGER | 13.9
VEGGIE PATTY, BABY COS LETTUCE,
TOMATO, BEETROOT, CARROT, AVOCADO
& AIOLI ON BRIOCHE
+CHIPS | 3.5

KARAAGE BOWL | 18.9

JAPANESE KARAAGE CHICKEN, AVOCADO,
SWEET POTATO, CHERRY TOMATO,
PICKLED CABBAGE, FRESH BABY SPINACH,
QUINOA, CUCUMBER & BLACK SESAME
SEEDS W/ A HOUSEMADE ASIAN STYLE
DRESSING

SIDES BOWL OF CHIPS | 9

EXTRAS

BEETROOT 2 | BAKED BEANS 2 | HALF GRILLED TOMATO 2 | HASH BROWN 2.5 SWEET POTATO 3 | QUINOA 3 | MUSHROOM 3 | BEEF SAUSAGE 3 AVOCADO 4.5 | COOKED SPINACH 4.5 | SMOKED SALMON 7 | HALLOUMI 5 | EGG 2.5 GRILLED BACON RASHER 4 | PANKO EGG 4.5 | GRILLED CHICKEN 6

SAUCES

AIOLI 1 | TARTARE 1 | MAYO 1 | TOMATO RELISH 1 | HOLLANDAISE 2

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THE STABLE

TAKEAWAY DRINKS

COFFEE & TEA

COFFEE SMALL 4 | LARGE 4.5
CAPPUCCINO | LATTE | LONG BLACK
FLAT WHITE | CHAI LATTE HOT CHOCOLATE | PICCOLO

> MOCHA SMALL 4.5 | LARGE 5 MATCHA | TUMERIC LATTE

ESPRESSO 3 | MACCHIATO 3.5

SMALL 4 | LARGE 4.5 ENGLISH BREAKFAST | EARL GREY | CHAMOMILE PEPPERMINT GREEN | FRUIT FOREST

CHAI TEA SMALL 4.5 | LARGE 5

ICED DRINKS

VIETNAMESE ICED COFFEE | 7 DOUBLE SHOT COFFEE W/CONDENSED MILK OVER ICE

COFFEE | MOCHA | CHOCOLATE 7.5 W/ICE-CREAM, WHIPPED CREAM & SYRUP

ICED MATCHA LATTE | ICED CHAI LATTE 7.5

ICED LONG BLACK | ICED LATTE 5

BLENDED COFFE SHAKE 7.5 W/ICE-CREAM, WHIPPED CREAM & SYRUP

EXTRAS

EXTRA-SHOT | DECAF 0.5 ALMOND MILK | BONSOY | LACTOSE FREE MILK | OAT MILK 0.5 SMALL | 1 LARGE SYRUPS - VANILLA | CARAMEL | HAZELNUT | HONEY 0.5

FRESHLY SQUEEZED JUICE | 8.5

NO ICE EXTRA \$1

IMMUNITY KICK

SUNSHINE JUICE ORANGE, CARROT, GINGER, PINEAPPLE PINEAPPLE, ORANGE, PAŚSION FRUIT, APPLE

THE STABLE MIX WATERMELON, ORANGE, PASSION FRUIT, MINT, PINEAPPLE

MEAN GREEN SPINACH, APPLE, MINT, PINEAPPLE

JUST BEET IT
BEETROOT, CELERY, CARROT, GINGER, APPLE

ORANGE JUICE WATERMELON JUICE

SMOOTHIES | 9

BANANA

W/ YOGHURT, HONEY, CHIA SEEDS & MILK

WATERMELON W/STRAWBERRY, YOGHURT, HONEY & MILK

TROPICAL W/ MANGO, BANANA, PINEAPPLE, YOGHURT & TROPICAL JUICE

MIXED BERRY W/ BANANA. YOGHURT & HONEY

GREEN MACHINE W/ SPINACH, PINEAPPLE, BANANA, CHIA SEEDS, YOGHURT, HONEY & APPLE JUICE

ACAI SMOOTHIE | 10 ACAI BERRIES, BANANA, MIXED BERRIES & COCONUT WATER BLENDED & TOPPED W/ GRANOLA, SHREDDED COCONUT, STRAWBERRIES & FLAKED ALMONDS

CLASSIC MILK SHAKES KIDS 4.5 | LARGE 7 | THICK 9 CHOCOLATE | STRAWBERRY | VANILLA CARAMEL | BANANA

WHIPPED CREAM 0.5 EXTRA

OTHER DRINKS

COKE | COKE NO SUGAR | DIET COKE | SPRITE 3.5 BUNDABERG - LEMONADE | LEMON-LIME BITTERS | GINGER BEER 4.9 SAN PELLEGRINO (500ML) 5 | SAN PELLEGRINO (750ML) 7 ORANGE JUICE GLASS | APPLE JUICE GLASS 4

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